Daily Morning Prayer:  
Rite One

The Officiant begins the service with one or more of these sentences of Scripture

If we say we have no sin, we deceive ourselves, and the truth is not in us; but if we confess our sins, God is faithful and just to forgive us our sins, and to cleanse us from all unrighteousness.  
I John 1:8, 9

Rend your heart, and not your garments, and turn unto the Lord your God; for he is gracious and merciful, slow to anger and of great kindness, and repenteth him of the evil.  
Joel 2:13

I will arise and go to my father, and will say unto him, "Father, I have sinned against heaven, and before thee, and am no more worthy to be called thy son."  
Luke 15:18, 19

To the Lord our God belong mercies and forgivenesses, though we have rebelled against him; neither have we obeyed the voice of the Lord our God, to walk in his laws which he set before us.  
Daniel 9:9, 10

Jesus said, "Whosoever will come after me, let him deny himself, and take up his cross, and follow me."  
Mark 8:34

Confession of Sin

The Officiant says to the people

Dearly beloved, we have come together in the presence of Almighty God our heavenly Father, to render thanks for the great benefits that we have received at his hands, to set forth his most worthy praise, to hear his holy Word, and to ask, for ourselves and on behalf of others, those things that are necessary for our life and our salvation. And so that we may prepare ourselves in heart and mind to worship him, let us kneel in silence, and with penitent and obedient hearts confess our sins, that we may obtain forgiveness by his infinite goodness and mercy.

or this

Let us humbly confess our sins unto Almighty God.

Silence may be kept.
Officiant and People together, all kneeling

Almighty and most merciful Father, we have erred and strayed from thy ways like lost sheep, we have followed too much the devices and desires of our own hearts, we have offended against thy holy laws, we have left undone those things which we ought to have done, and we have done those things which we ought not to have done. But thou, O Lord, have mercy upon us, spare thou those who confess their faults, restore thou those who are penitent, according to thy promises declared unto mankind in Christ Jesus our Lord; and grant, O most merciful Father, for his sake, that we may hereafter live a godly, righteous, and sober life, to the glory of thy holy Name. Amen.

The Priest alone stands and says

The Almighty and merciful Lord grant you absolution and remission of all your sins, true repentance, amendment of life, and the grace and consolation of his Holy Spirit. Amen.

The Invitatory and Psalter

All stand

Officiant O Lord, open thou our lips.
People And our mouth shall show forth thy praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Then follows one of the Invitatory Psalms, Venite or Jubilate.

The Lord is full of compassion and mercy: O come, let us adore him.

Venite Psalm 95:1-7

O come, let us sing unto the Lord; let us heartily rejoice in the strength of our salvation. Let us come before his presence with thanksgiving and show ourselves glad in him with psalms.

For the Lord is a great God, and a great King above all gods. In his hand are the corners of the earth, and the strength of the hills is his also. The sea is his, and he made it, and his hands prepared the dry land.

O come, let us worship and fall down, and kneel before the Lord our Maker. For he is the Lord our God, and we are the people of his pasture and the sheep of his hand.

O worship the Lord in the beauty of holiness; let the whole earth stand in awe of him. For he cometh, for he cometh to judge the earth, and with righteousness to judge the world and the peoples with his truth.

or Psalm 95
Jubilate  Psalm 100

Be joyful in the Lord, all ye lands; serve the Lord with gladness and come before his presence with a song.

Be ye sure that the Lord he is God; it is he that hath made us and not we ourselves; we are his people and the sheep of his pasture.

O go your way into his gates with thanksgiving and into his courts with praise; be thankful unto him and speak good of his Name.

For the Lord is gracious; his mercy is everlasting; and his truth endureth from generation to generation.

The Psalm or Psalms Appointed

At the end of the Psalms is sung or said

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

One or two lessons, as appointed, are read, the Reader first saying

A Reading from ____________.

After each Lesson the Reader may say

Reader  The Word of the Lord.

People  Thanks be to God.

Silence may be kept after each Reading. One of the following Canticles, or one of those on pages 85-95 (Canticles 8-21), is sung or said after each Reading. If three Lessons are used, the Lesson from the Gospel is read after the second Canticle.
1  A Song of Creation  

**Benedicite, omnia opera Domini**  
*Song of the Three Young Men, 35-65*

*This Canticle may be shortened by omitting section II or III*

I  **Invocation**

O all ye works of the Lord, bless ye the Lord; praise him and magnify him for ever.  
O ye angels of the Lord, bless ye the Lord; praise him and magnify him for ever.

II  **The Cosmic Order**

O ye heavens, bless ye the Lord; O ye waters that be above the firmament, bless ye the Lord;  
O all ye powers of the Lord, bless ye the Lord; praise him and magnify him for ever.  
O ye sun and moon, bless ye the Lord; O ye stars of heaven, bless ye the Lord;  
O ye showers and dew, bless ye the Lord; praise him and magnify him for ever.

O ye winds of God, bless ye the Lord; O ye fire and heat, bless ye the Lord;  
O ye winter and summer, bless ye the Lord; praise him and magnify him for ever.

O ye dews and frosts, bless ye the Lord; O ye frost and cold, bless ye the Lord;  
O ye ice and snow, bless ye the Lord; praise him and magnify him for ever.

O ye nights and days, bless ye the Lord; O ye light and darkness, bless ye the Lord;  
O ye lightnings and clouds, bless ye the Lord; praise him and magnify him for ever.

III  **The Earth and its Creatures**

O let the earth bless the Lord; O ye mountains and hills, bless ye the Lord;  
O all ye green things upon the earth, bless ye the Lord; praise him and magnify him for ever.

O ye wells, bless ye the Lord; O ye seas and floods, bless ye the Lord;  
O ye whales and all that move in the waters, bless ye the Lord;  
praise him and magnify him for ever.

O all ye fowls of the air, bless ye the Lord; O all ye beasts and cattle, bless ye the Lord;  
O ye children of men, bless ye the Lord; praise him and magnify him for ever.

2  A Song of Praise  

**Benedictus es, Domine**  
*Song of the Three Young Men, 29-34*

Blessed art thou, O Lord God of our fathers;  
praised and exalted above all for ever.  
Blessed art thou for the name of thy Majesty;  
praised and exalted above all for ever.  
Blessed art thou in the temple of thy holiness;  
praised and exalted above all for ever.  
Blessed art thou that beholdest the depths,  
and dwellest between the Cherubim;
praised and exalted above all for ever.
Blessed art thou on the glorious throne of thy kingdom;
praised and exalted above all for ever.
Blessed art thou in the firmament of heaven;
praised and exalted above all for ever.
Blessed art thou, O Father, Son, and Holy Spirit;
praised and exalted above all for ever.

3 **The Song of Mary**  
*Magnificat*  
*Luke 1:46-55*

My soul doth magnify the Lord, and my spirit hath rejoiced in God my Savior.  
For he hath regarded the lowliness of his handmaiden.  
For behold from henceforth all generations shall call me blessed.  
For he that is mighty hath magnified me, and holy is his Name.  
And his mercy is on them that fear him throughout all generations.  
He hath showed strength with his arm;  
he hath scattered the proud in the imagination of their hearts.  
He hath put down the mighty from their seat, and hath exalted the humble and meek.  
He hath filled the hungry with good things, and the rich he hath sent empty away.  
He remembering his mercy hath holpen his servant Israel,  
as he promised to our forefathers,  
Abraham and his seed for ever.

Glory to the Father, and to the Son, and to the Holy Spirit:  
as it was in the beginning, is now, and will be for ever. Amen.

4 **The Song of Zechariah**  
*Benedictus Dominus Deus*  
*Luke 1:68-79*

Blessed be the Lord God of Israel, *  
for he hath visited and redeemed his people;  
And hath raised up a mighty salvation for us *  
in the house of his servant David,  
As he spake by the mouth of his holy prophets, *  
which have been since the world began:  
That we should be saved from our enemies, *  
and from the hand of all that hate us;  
To perform the mercy promised to our forefathers, *  
and to remember his holy covenant;  
To perform the oath which he sware to our forefather Abraham, *  
that he would give us,  
That we being delivered out of the hand of our enemies *  
might serve him without fear,  
In holiness and righteousness before him, *  
all the days of our life.  
And thou, child, shalt be called the prophet of the Highest, *
for thou shalt go before the face of the Lord to prepare his ways;
To give knowledge of salvation unto his people *
    for the remission of their sins,
Through the tender mercy of our God, *
    whereby the dayspring from on high hath visited us;
To give light to them that sit in darkness
    and in the shadow of death, *
        and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: *
    as it was in the beginning, is now, and will be for ever. Amen.

5 The Song of Simeon  Nunc dimittis

Luke 2:29-32

Lord, now lettest thou thy servant depart in peace, according to thy word;
For mine eyes have seen thy salvation, which thou hast prepared before the face of all people,
To be a light to lighten the Gentiles, and to be the glory of thy people Israel.

Glory to the Father, and to the Son, and to the Holy Spirit: *
    as it was in the beginning, is now, and will be for ever. Amen.

6 Glory be to God  Gloria in Excelsis

Glory be to God on high,
    and on earth peace, good will towards men.

We praise thee, we bless thee,
    we worship thee, we glorify thee,
    we give thanks to thee for thy great glory,
O Lord God, heavenly King, God the Father Almighty.

O Lord, the only-begotten Son, Jesus Christ;
O Lord God, Lamb of God, Son of the Father,
    that takest away the sins of the world, have mercy upon us.
Thou that takest away the sins of the world, receive our prayer.
Thou that sittest at the right hand of God the Father, have mercy upon us.

For thou only art holy, thou only art the Lord,
thou only, O Christ, with the Holy Ghost,
    art most high in the glory of God the Father. Amen.
We Praise Thee  

Te Deum laudamus

We praise thee, O God; we acknowledge thee to be the Lord.
All the earth doth worship thee, the Father everlasting.
To thee all Angels cry aloud,
the Heavens and all the Powers therein.
To thee Cherubim and Seraphim continually do cry:
Holy, holy, holy, Lord God of Sabaoth;
  Heaven and earth are full of the majesty of thy glory.
The glorious company of the apostles praise thee.
The goodly fellowship of the prophets praise thee.
The noble army of martyrs praise thee.
The holy Church throughout all the world doth acknowledge thee,
  the Father, of an infinite majesty,
  thine adorable, true, and only Son,
  also the Holy Ghost the Comforter.

Thou art the King of glory, O Christ.
Thou art the everlasting Son of the Father.
When thou tookest upon thee to deliver man,
thou didst humble thyself to be born of a Virgin.
When thou hadst overcome the sharpness of death,
thou didst open the kingdom of heaven to all believers.
Thou sittest at the right hand of God, in the glory of the Father.
We believe that thou shalt come to be our judge.
  We therefore pray thee, help thy servants,
  whom thou hast redeemed with thy precious blood.
  Make them to be numbered with thy saints,
in glory everlasting.

The Apostles' Creed

Officiant and People together, all standing

I believe in God, the Father almighty,
  maker of heaven and earth;
And in Jesus Christ his only Son our Lord;
  who was conceived by the Holy Ghost,
  born of the Virgin Mary, suffered under Pontius Pilate,
  was crucified, dead, and buried.
  He descended into hell.
The third day he rose again from the dead.
  He ascended into heaven,
  and sitteth on the right hand of God the Father almighty.
  From thence he shall come to judge the quick and the dead.
I believe in the Holy Ghost,
  the holy catholic Church, the communion of saints,
  the forgiveness of sins, the resurrection of the body,
  and the life everlasting. Amen.
The Prayers

The People stand or kneel

Officiant  The Lord be with you.
People    And with thy spirit.
Officiant  Let us pray.

Officiant and People

Our Father, who art in heaven,
    hallowed be thy Name,
    thy kingdom come,
    thy will be done,
            on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
    as we forgive those who trespass against us.
And lead us not into temptation,
    but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
            for ever and ever. Amen.

Then follows one of these sets of Suffrages

A

V. O Lord, show thy mercy upon us;
R. And grant us thy salvation.
V. Endue thy ministers with righteousness;
R. And make thy chosen people joyful.
V. Give peace, O Lord, in all the world;
R. For only in thee can we live in safety.
V. Lord, keep this nation under thy care;
R. And guide us in the way of justice and truth.
V. Let thy way be known upon earth;
R. Thy saving health among all nations.
V. Let not the needy, O Lord, be forgotten;
R. Nor the hope of the poor be taken away.
V. Create in us clean hearts, O God;
R. And sustain us with your Holy Spirit.
V. O Lord, save thy people and bless thine heritage;
R. Govern them and lift them up for ever.
V. Day by day we magnify thee;
R. And we worship thy name for ever, world without end.
V. Vouchsafe, O Lord, to keep us this day without sin;
R. O Lord, have mercy upon us, have mercy upon us.
V. O Lord, let thy mercy be upon us;
R. As our trust is in thee.
V. O Lord, in thee have I trusted;
R. Let me never be confounded.

The Officiant then says one or more of the following Collects

The Collect of the Day

A Collect for Sundays

O God, who makest us glad with the weekly remembrance of the glorious resurrection of thy Son our Lord: Grant us this day such blessing through our worship of thee, that the days to come may be spent in thy favor; through the same Jesus Christ our Lord. Amen.

A Collect for Fridays

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: Mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through the same thy Son Jesus Christ our Lord. Amen.

A Collect for Saturdays

Almighty God, who after the creation of the world didst rest from all thy works and sanctify a day of rest for all thy creatures: Grant that we, putting away all earthly anxieties, may be duly prepared for the service of thy sanctuary, and that our rest here upon earth may be a preparation for the eternal rest promised to thy people in heaven; through Jesus Christ our Lord. Amen.

A Collect for the Renewal of Life

O God, the King eternal, who dividest the day from the night and turnest the shadow of death into the morning: Drive far from us all wrong desires, incline our hearts to keep thy law, and guide our feet into the way of peace; that, having done thy will with cheerfulness while it was day, we may, when night cometh, rejoice to give thee thanks; through Jesus Christ our Lord. Amen.
**A Collect for Peace**

O God, who art the author of peace and lover of concord, in knowledge of whom standeth our eternal life, whose service is perfect freedom: Defend us, thy humble servants, in all assaults of our enemies; that we, surely trusting in thy defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

**A Collect for Grace**

O Lord, our heavenly Father, almighty and everlasting God, who hast safely brought us to the beginning of this day: Defend us in the same with thy mighty power; and grant that this day we fall into no sin, neither run into any kind of danger; but that we, being ordered by thy governance, may do always what is righteous in thy sight; through Jesus Christ our Lord. **Amen.**

**A Collect for Guidance**

O heavenly Father, in whom we live and move and have our being: We humbly pray thee so to guide and govern us by thy Holy Spirit, that in all the cares and occupations of our life we may not forget thee, but may remember that we are ever walking in thy sight; through Jesus Christ our Lord. **Amen.**

Then, unless the Eucharist or a form of general intercession is to follow, one of these prayers for mission is added

Almighty and everlasting God, by whose Spirit the whole body of thy faithful people is governed and sanctified: Receive our supplications and prayers which we offer before thee for all members of thy holy Church, that in their vocation and ministry they may truly and godly serve thee; through our Lord and Savior Jesus Christ. **Amen.**

or this

O God, who hast made of one blood all the peoples of the earth, and didst send thy blessed Son to preach peace to those who are far off and to those who are near: Grant that people everywhere may seek after thee and find thee; bring the nations into thy fold; pour out thy Spirit upon all flesh; and hasten the coming of thy kingdom; through the same thy Son Jesus Christ our Lord. **Amen.**

or this

Lord Jesus Christ, who didst stretch out thine arms of love on the hard wood of the cross that everyone might come within the reach of thy saving embrace: So clothe us in thy Spirit that we, reaching forth our hands in love, may bring those who do not know thee to the knowledge and love of thee; for the honor of thy Name. **Amen.**

Here may be sung a hymn or anthem.

Authorized intercessions and thanksgivings may follow.

Before the close of the Office one or both of the following may be used
The General Thanksgiving

Officiant and People

Almighty God, Father of all mercies, we thine unworthy servants do give thee most humble and hearty thanks for all thy goodness and loving-kindness to us and to all men. We bless thee for our creation, preservation, and all the blessings of this life; but above all for thine inestimable love in the redemption of the world by our Lord Jesus Christ; for the means of grace, and for the hope of glory. And, we beseech thee, give us that due sense of all thy mercies, that our hearts may be unfeignedly thankful; and that we show forth thy praise, not only with our lips, but in our lives, by giving up our selves to thy service, and by walking before thee in holiness and righteousness all our days; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honor and glory, world without end. Amen.

A Prayer of St. Chrysostom

Almighty God, who hast given us grace at this time with one accord to make our common supplication unto thee; and hast promised through thy well-beloved Son that when two or three are gathered together in his Name thou wilt be in the midst of them: Fulfill now, O Lord, our desires and petitions of thy servants as may be best for us; granting us in this world knowledge of thy truth, and in the world to come life everlasting. Amen.

Then may be said

Let us bless the Lord.
People Thanks be to God.

The Officiant may then conclude with one of the following

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Ghost, be with us all evermore. Amen. 2 Corinthians 13:14

May the God of hope fill us with all joy and peace in believing through the power of the Holy Spirit. Amen. Romans 15:13

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. Amen. Ephesians 3:20,21