A FORM OF SPIRITUAL COMMUNION

To be prayed by the Christian faithful when they are prevented from attending the service of the Holy Eucharist. [During this season of “St. Matthew’s Online Abbey,” please use this form while Communion is being served].

In union, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood are being offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.

Grant, O Lord Jesus Christ, that as the hem of Thy garment, touched in faith, healed the woman who could not touch Thy Body, so the soul of Thy servant may be healed by like faith in Thee, Whom I cannot now sacramentally receive; through Thy tender mercy, Who livest and reignest with the Father in the unity of the Holy Ghost ever one God. Amen.

Ask Jesus for the spiritual gifts you most need during this time.

O Blessed Lord Jesus Christ, who hast promised to be with Thy Church even to the end; grant to Thy children the sense of Thy abiding presence, and bless our Bishop, clergy, and teachers, that Thy Kingdom may be spread and all brought to the knowledge of Thy saving grace. Amen.

1 Adapted from the compilation of Cecil John Wood, Bishop of Melanesia, 1916. Source: Project Canterbury.